



WHO list acupuncture

The World Health Organization (WHO) recognizes the use of acupuncture in the treatment of a wide range of common illnesses including:

Psychological Conditions

Anxiety
Depression
Somatization disorder
Hypersomnia
Insomnia
Psychovegetative syndrome
Restlessness

Neurological Conditions

Headache and migraine
Trigeminal neuralgia
Facial palsy (early stage, within three to six months)
Paresis following stroke
Peripheral neuropathies
Meniere's Disease
Nocturnal enuresis
Cervicobrachial syndrome
Neurogenic bladder dysfunction
Intercostal neuralgia
Disc problems

Musculo-skeletal Conditions

Arthritis
Muscle pain, swelling, stiffness and weakness
Localized traumatic injuries, sprains, strains, tendinitis, contractures
Fibromyalgia
Work and sports related injuries
Low back and/or neck strain
Osteoarthritis "Frozen shoulder", "tennis elbow"
Sciatica

Respiratory System Conditions

Acute sinusitis
Acute rhinitis
Common cold and allergies*
Acute tonsillitis
Acute bronchitis
Bronchial asthma

Conditions of the Eye, Ear, Nose and Mouth

Acute conjunctivitis
Acute and chronic pharyngitis
Central retinitis
Cataract (without complications)
Gingivitis
Myopia (in children)
Toothaches, post extraction pain

Gastrointestinal Conditions

Acute duodenal ulcer (without complication)
Acute and chronic colitis
Acute and chronic gastritis
Acute bacillary dysentery
Chronic duodenal ulcer (pain relief)
Constipation
Diarrhea
Gastroptosis
Gastric hyperacidity (i.e. acid reflux)
Irritable bowel and colitis
Spasms of esophagus and cardiac
Paralytic ileus

Gynecological Conditions

Appetite suppression
Benign irregular menstruation
Benign amenorrhea
Cardiovascular Conditions
Dysmenorrhea
Essential hypertension
Infertility
PMS
Menopause syndrome
Other Conditions
Withdrawal from street and pharmacological drugs