



# Checklist to help you prepare for your stay in the clinic

## For patients without a spinal cord injury

**You may find that not everything on this checklist is relevant to you. Please make sure that you take note of any points that are important for you.**

### Before your stay

- If you require an upgrade to private or additional insurance, please let us know in good time on telephone +41 41 939 42 81.
- Please inform us of any dietary requirements (e.g. vegetarian or vegan) on telephone +41 41 939 43 43.
- Please inform us by telephone on +41 41 939 58 68 if you are taking any blood-thinning medicine (e.g. aspirin, Aspirin cardio, Plavix, Contra-Schmerz, Saridon, Xarelto, Eliquis, Lixiana, Pradaxa, Marcoumar, Clexane, Brilique, heparin, Fragmin or Fraxiparine).

### Paperwork

- Insurance card from your health insurance company
- Copy of advance health care directive, health care proxy and medical representation agreement
- Details of legal guardians
- Details of GP
- Spitex information

### Medicine

- Medication card
- Current medicine in its original packaging to cover the first three days
- Allergy card
- Implant card
- Diabetes card
- Port-A-Cath® card
- Quick card
- Pacemaker card
- PICC booklet
- NIV device and/or (at-home) ventilator and personal mask

